



ALL MY
FAVOURITE FOODS
TASTE SOUR NOW.

WHAT'S YOUR
CHALLENGE?



Survivors of Head and Neck Cancer can endure lifelong physical and mental challenges. Take on **CHALLENGE440** this March and help us ensure that no one in Australia faces the challenges of Head and Neck Cancer alone. Visit www.headandneckcancer.org.au to learn more about Head and Neck Cancer.





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THE FEAR OF IT
RETURNING
HAUNTS ME DAILY.

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SHARING MEALS
WITH FRIENDS
NOW IS
BLOODY TOUGH.

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HEAD & NECK CANCER
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I WAS TALKATIVE,
BUT NOT NOW,
IT'S EXHAUSTING.

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HAVING CANCER
TREATMENT FAR
FROM HOME IS HARD.

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I WILL RELY ON
TUBE FEEDING
FOR THE REST
OF MY LIFE.


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**I LOST MY VOICE TO
HEAD AND NECK CANCER,
THEN MY JOB.**

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